

# PSYCHOLOGY

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*Maximum Marks: 70*

*Time Allotted: Three Hours*

*Reading Time: Additional Fifteen minutes*

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## Instructions to Candidates

1. You are allowed an **additional fifteen minutes** for **only** reading the question paper.
2. You must **NOT** start writing during reading time.
3. This question paper has **8 printed pages**.
4. There are **twelve** questions in the paper. All questions are compulsory.
5. This paper is divided into **three sections: A, B and C**.
6. **Section A** has **fourteen subparts** which are very short answer questions. Each question carries 1 mark.
7. While attempting **Multiple Choice Questions** in Section A, you are required to **write only ONE option as the answer**.
8. **Section B** has **seven questions** which are short answer questions. Each question carries 4 marks.
9. **Section C** has **four questions** which are long answer questions. Each question carries 7 marks.
10. *Internal choices* have been provided in *two questions in Section B* and in *one question in Section C*.
11. The intended marks for questions are given in brackets [ ].

## Instruction to Supervising Examiner

1. Kindly read **aloud** the instructions given above to all the candidates present in the examination hall.

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**SECTION A – 14 MARKS**

**Question 1**

- (i) A local park displays a notice 'Do not litter, use the dustbin'. However, people visiting the park invariably throw garbage at various sites. [1]  
What type of social norm is violated in the above scenario?
- (ii) Swarna is exceptionally good at playing violin. She also composes music and is member of an orchestra. [1]  
Referring to Howard Gardner's theory of intelligence, identify the type of intelligence that Swarna possesses.
- (iii) Tahir was disturbed by the frequent fights in his family. He woke up one morning and found that he had become deaf without any history of auditory or physical ailment. [1]  
Which clinical scale of Minnesota Multiphasic Personality Inventory-2 would Tahir score high on?
- (iv) State *any one* condition that facilitates the formation of a group. [1]
- (v) Rosie was adept at swimming and represented her school at various tournaments. She took pride in her achievements and was deeply disappointed when she could not win at the National level. She blamed her coach for not training her enough. [1]  
Identify the type of locus of control displayed by Rosie.
- (vi) Study the relation between the first two phrases / terms and complete the analogy. [1]  
(a) Free association: Psychoanalytic therapy :: Deinstitutionalisation: \_\_\_\_\_ [1]  
(b) Melancholic: Ectomorph :: Sanguine: \_\_\_\_\_ [1]
- (vii) Given below are two statements marked Assertion and Reason. Read the two statements carefully and choose the correct option. [1]  
**Assertion:** Some children do not maintain an eye contact and have limited social interactions with others. They also show stereotypical and repetitive patterns of behaviour.  
**Reason:** Anti-social personality disorder leads to impulsive behaviour and makes one remorseless.  
(a) Both Assertion and Reason are true and Reason is the correct explanation for Assertion.  
(b) Both Assertion and Reason are true but Reason is not the correct explanation for Assertion.  
(c) Assertion is true and Reason is false.  
(d) Both Assertion and Reason are false.

- (viii) Given below are two statements marked Assertion and Reason. Read the two statements carefully and choose the correct option. [1]
- Assertion:** Members of an agricultural society possess an attitude of cooperation and common interest.
- Reason:** Occupation determines the lifestyle and attitudes of people in a particular geographical region.
- (a) Both Assertion and Reason are true and Reason is the correct explanation for Assertion.
- (b) Both Assertion and Reason are true but Reason is not the correct explanation for Assertion.
- (c) Assertion is true and Reason is false.
- (d) Both Assertion and Reason are false.
- (ix) Which one of the following scenarios is a negative symptom of schizophrenia? [1]
- (a) Ricky hits people randomly and believes certain voices tell him to do so.
- (b) Kamaldeep giggles at his uncle's funeral, to whom he was deeply attached.
- (c) Madhav's grandmother died a month ago but he still sees her and feels comforted.
- (d) Farah is unable to express herself and invents new words like 'paperskate' for pen and 'headshoe' for hat.
- (x) Raven's Progressive Matrices is a non-verbal test of intelligence. It is a popular group test to measure general intelligence and educative ability by using different versions. [1]
- Which one of the following instances correctly depicts Standard Progressive Matrices?
- (a) Mahtab was given matrices consisting of 48 items, presented as one set of 12 and another set of 36.
- (b) Shahzaad was given matrices A and B, with a set of 12 items inserted between the two as Ab.
- (c) Rajeshwari was given matrices comprising five sets from A to E, each set containing 12 items.
- (d) Bhavin was given matrices D and E each set having 16 items, and 32 items in total.
- (xi) Monty, aged three years, tripped over his toy car while playing. He started beating the car, shouting "Bad car! You made me fall." [1]
- Which one of the following terms given by Jean Piaget can be used to describe Monty's behaviour?
- (xi) Monty, aged three years, tripped over his toy car while playing. He started beating the car, shouting "Bad car! You made me fall." [1]
- Which one of the following terms given by Jean Piaget can be used to describe Monty's behaviour?
- (a) Animism
- (b) Integration
- (c) Decentration
- (d) Egocentrism

- (xii) Seema was the captain of her school's football team. She reprimanded her team members who came late for practice but justified her late coming by saying that her roles and responsibilities as a captain kept her engaged. [1]

Which one of the following biases did Seema exhibit?

- (a) Self-serving bias  
(b) Automatic vigilance  
(c) False consensus effect  
(d) Counterfactual thinking
- (xiii) Rehan is passionate about physical fitness and takes the membership of a sports club. He believes that physical exercise is enjoyable as well as beneficial. He tries to convince his friends to join the sports club with him. [1]

What components of attitude does Rehan exhibit?

- (P) Cognitive component; as he believes that physical exercise is beneficial.  
(Q) Affective component; as he tries to persuade his friends to join the sports club.  
(R) Cognitive component; as he feels refreshed after exercising.  
(S) Behavioural component; as he takes the membership of a sports club.
- (a) Only (P) and (Q)  
(b) Only (P) and (S)  
(c) Only (Q) and (R)  
(d) Only (Q) and (S)

## SECTION B - 28 MARKS

### Question 2

- (i) Suraksha Pvt. Ltd. conducted a skill test to recruit suitable candidates. The panelists presented the following scenario to the candidates:  
'A day prior to a significant international seminar, a Senior Executive falls ill. His responsibility of organising the event successfully is entrusted to you. Draw up a plan to execute the new role assigned to you showcasing your problem-solving ability and managerial skills.'
- (a) What method of behavioural analysis was adopted by Suraksha Pvt. Ltd. in the above scenario? [1]
- (b) With reference to Paul Costa and Robert McCrae's theory, explain *any three* dimensions of personality that Suraksha Pvt. Ltd. would desire in the candidates they recruit. [3]

OR

- (i) Artificial Intelligence and Automation threaten traditional job roles, causing high levels of 'AI-anxiety' in many workers. The stress stems from a lack of clarity about which jobs are truly at risk and a fear of becoming irrelevant. McKinsey & Company reckons that automation will displace between 400 and 800 million jobs by 2030, requiring as many as 375 million people to switch job categories entirely.

(Source (edited): *The Impact of Artificial Intelligence-Widespread Job Losses*  
Calum McClelland April 19, 2025)

- (a) With reference to the above excerpt, name the type of stress that employees might be facing. [1]
- (b) Examine *any three* work related causes of stress experienced by the employees who face job uncertainty. [3]

### Question 3

Children in the age group of five to fourteen are impressionable, especially by one another and their teacher. Effective learning occurs when children are encouraged to associate desirable or undesirable outcomes with certain behaviours.

For example, Parminder, aged fourteen, finds it difficult to understand Physics. He develops a dislike for the subject. However, when his efforts in a group assignment are recognised and appreciated by the teacher, he begins to take interest in the subject.

- (i) Name and briefly explain the type of conditioning used by Parminder's teacher. [2]
- (ii) Enumerate *any two* processes that lead to formation of attitudes, other than the one referred to in subpart (i). [2]



### Question 4

Read the conversation given below between a therapist and her client and answer the question that follows.

**Therapist:** "Why do you feel that you cannot take any decisions on your own?"

**Client:** "My family has always taken all decisions for me. I think they know what is good for me."

**Therapist:** "Are you scared of taking decisions independently?"

**Client:** "Yes... I feel that if I agree with everyone in my family, only then will they take care of me."

Examine the conversation in relation to the personality disorder indicated above. Interpret *any two* of its causes.

### Question 5

- (i) Name the psychologist who developed the Triarchic Theory of Intelligence. [1]
- (ii) With reference to Triarchic Theory of Intelligence, briefly explain the sub-theories of Experiential type. [3]

### Question 6

[4]

- (i) Refer to the excerpt given below on Richard Lazarus' theory of Cognitive Appraisal and answer the question that follows.

The concept of Cognitive Appraisal is rooted in the work of the psychologist Richard Lazarus, who held that stress is not an automatic response to an event, but rather the result of our mental interpretation of it. In general, cognitive appraisal theorists have noticed that people experience different emotions in response to the same event. This has led them to think about how people interpret events differently, ultimately leading them to experience different emotions.

(Source (edited): *Psychology of Human Emotion: An Open Access Textbook* by Michelle Yarwood)

Examine *two* ways of Cognitive Appraisal to account for the difference in people's reaction to the same event.

OR

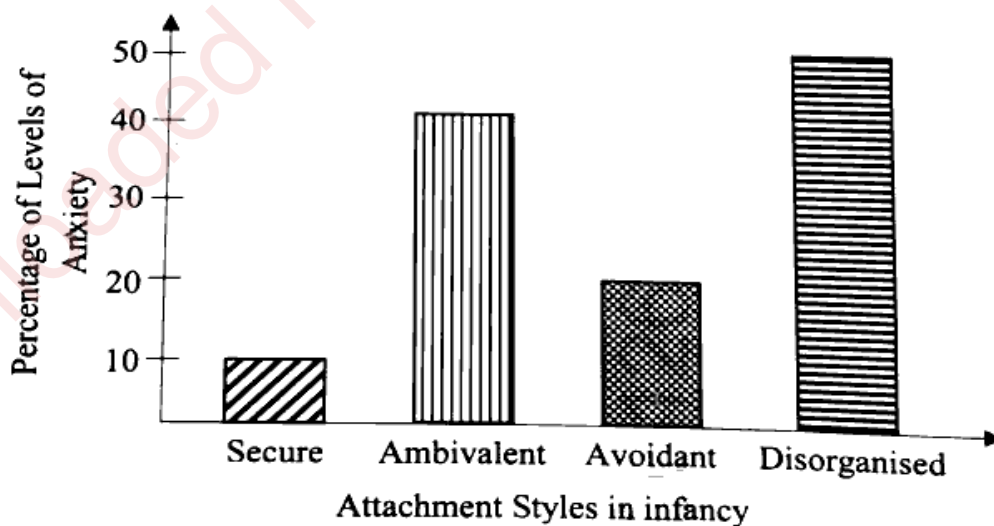
- (ii) Development-Induced Displacement (DID) has been a contentious issue... It brings a myriad of implications to the lives of the tribal communities. Construction activities severely impact tribal and indigenous communities. Despite international frameworks mandating free, prior and informed consent, projects for their rehabilitation often proceed with inadequate consultation or compensation.

(Source (edited): *Impacts of Development Induced Displacement in the Tribal Communities of India: An Integrative Review June 2022 Asia-Pacific Social Science Review* 2(2))

In your opinion, how do construction activities in such areas affect the tribal communities psychologically? Give *four* reasons to substantiate your response.

### Question 7

The graph given below represents the Attachment Styles in infancy and the percentage of anxiety levels associated with them. Study it carefully and answer the question that follows.



Compare the Styles of Attachment during infancy as represented in the graph.

### Question 8

Two groups of political parties A and B discussed a policy for the underprivileged section. They decided to spend a certain percentage of their funds on implementing this policy. While party A was of the opinion that 40% funds should be invested in implementation of the policy, party B was not entirely supportive of this suggestion. However at the end of the discussion, party B was completely in favour of the suggestion made by party A.

- (i) Explain the social phenomenon evident in the final stance taken by party B. [2]
- (ii) By referring to the concept of social phenomenon evident in the above scenario, describe *any two* reasons to explain the change in the stance of party B. [2]

## SECTION C – 28 MARKS

### Question 9

- (i) Name the psychologist who developed the Client Centred Therapy. [1]
- (ii) Examine *any six* principles on which the Client Centred Therapy has been developed. [6]

### Question 10

Study the cases given below and answer the following questions.

#### Case A

- Mala is in early childhood.
- Her mother does not encourage her to perform her daily activities.
- She also selects Mala's clothes and toys.
- Mala feels inadequate.

#### Case B

- Paul joins a college after a secure school life.
- He finds himself out of place as he is unable to make friends.
- Although his parents try to understand him, he still feels lonely.

#### Case C

- Hanif was given a warm farewell at his retirement.
- He feels a sense of fulfilment at the end of his career.
- After his retirement, he starts involving himself more in community activities.

- (i) With reference to Erik Erikson's theory of personality, identify the phases depicted in Cases A, B and C. [3]
- (ii) Briefly explain the dimensions of the crises as depicted in Cases A, B and C. [3]
- (iii) Highlight *any one* reason for the criticism of Erik Erikson's theory of personality. [1]

### Question 11

- (i) Mention *any two* cognitive developments in an infant during the sensorimotor stage. [1]
- (ii) Describe the *macrosystem* developed by Urie Bronfenbrenner. [1]
- (iii) In *any five* ways, examine the importance of the study of life span development. [5]

OR

- (iv) Mention *any two* withdrawal symptoms of substance abuse. [1]
- (v) Describe the level of Naïve Hedonistic Orientation by referring to Lawrence Kohlberg's theory. [1]
- (vi) How has James Marcia described *personal identity* among adolescents? Analyse *four* patterns of personal identity developed by him. [5]

### Question 12

Hazel, a resident of Switzerland joined a University in India under a foreign exchange study programme. She found it difficult to understand the colloquial language used by the students. As a result, she could not participate in cultural programmes and socialise with her classmates.

She also felt that there were too many students in her batch. She was overwhelmed by the fiercely competitive atmosphere in class and was advised by her professors to seek help from the Counsellor.

- (i) Suggest *any four* communication skills that the Counsellor in the University should possess to help Hazel. [4]
- (ii) With reference to Hazel's reaction, explain *crowding tolerance* and *competition tolerance*. [3]